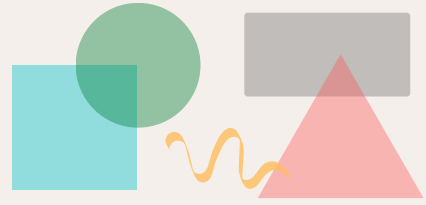


HOW WELL DO YOU KNOW THE PEOPLE AROUND YOU?



Identify Their Dominant Shape Using These Behaviour Traits

We love to know more about ourselves. In fact, personality assessments can be a lot of fun! That is the reason, our shape assessment is so popular! Have you taken it yet? If, not you can access it [here](#)

It's very useful to know your dominant shape because that knowledge helps you understand your own thoughts, emotions, behaviour, triggers and expectations. It helps you answer the question, 'Why do I behave the way I do?'. It helps you experience less frustration with yourself and other people, and work and live more harmoniously at work and in life.

But I've noticed that, when I talk about shapes, people instantly start relating the shapes to other people in their life. Has that happened to you? The parent, spouse, ex-boss, friend or mother-in-law, it all starts to make sense!

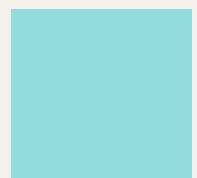
When I talk about the Psycho-Geometrics ® shapes at conferences, I notice that as I describe each shape, people often start laughing and pointing to someone in the audience, and also talking about it over lunch as they recognize a co-worker's or boss's dominant shape immediately.

That is what makes this framework so powerful!

Here are some quick ways in which you can identify each shape. Because knowing someone's dominant personality style, makes it much easier to communicate with them effectively.

5 Behaviour Traits of a BOX

1. They come across as stable, calm and not too emotional.
2. They listen more than they speak. They need time to think and respond.
3. They are punctual and always on time.
4. Love routines. Don't like unplanned interruptions.
5. They are disciplined and hard-working.



5 Behaviour Traits of a TRIANGLE

1. Are well dressed. Like to make an impression.
2. They are impatient and like information to be short and simple.
3. Tend to interrupt and not listen.
4. Have quick thinking & decision making.
5. Will possess latest gadgets.



5 Behaviour Traits of a RECTANGLE

1. Are somewhat clumsy and forgetful.
2. Ask a lot of questions and are open to new ideas.
3. Can seem confused in their views and opinions.
4. May display unpredictable mood swings.
5. Can be influenced. Suggestible.



5 Behaviour Traits of a CIRCLE

1. They will make full eye contact.
2. They will have an open and easy smile.
3. They will appear approachable and warm.
4. They will be good listeners.
5. They will ask questions about you and your life.



5 Behaviour Traits of a SQUIGGLE

1. High energy. Speak fast. Highly animated gestures.
2. Constant movement and dramatic enthusiasm.
3. They get bored easily.
4. They are not good listeners.
5. They impulsive and inconsistent in their moods and behaviour.



If you'd like to learn more about shape psychology and Psycho-Geometrics ® framework, attend our online and LIVE workshops. Click [here](#) to join the waitlist.