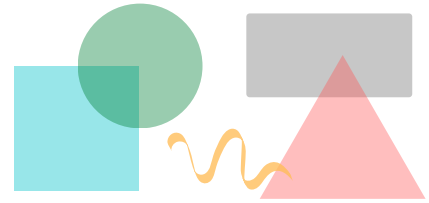


HOW SHAPES CORRELATE WITH FIVE ELEMENTS OF NATURE



Are you aware of the relationship of the human body with the 5 elements of nature?

A lot of ancient philosophies around the globe classify the composition of the Universe into 5 elements: Earth, Water, Fire, Air and Ether (Space). These are also called the “Panch Mahabhoot.” Knowledge of these five elements helps us understand the laws of nature.

Similarly, we believe that the understanding of shape psychology using Psycho-geometrics ® can help us understand the workings of human personalities.

Each of the five elements represents a state of matter in nature, and we have made an attempt to connect each shape of Psycho-Geometrics ® with those five elements. This is our inference through our own experience with the shapes. It is not meant to be conclusive, just suggestive.

1. EARTH (Chi), represents the hard, solid objects of the earth. The most basic example of chi is in a stone. Stones are highly resistant to movement or change, as is anything heavily influenced by chi. Emotionally, chi is predominantly associated with stubbornness, collectiveness, stability, physicality, and gravity. It is a desire to have things remain as they are; a resistance to change.

In our experience, this draws a wonderful correlation with the characteristics of the Box shape in Psycho-Geometrics ®

2. FIRE (Ka), represents the energetic, forceful, moving things in the world. Animals, capable of movement and full of forceful energy, are primary examples of ka objects. Bodily, ka represents our metabolism and body heat, and in the mental and emotional realms, it represents drive and passion. ka can be associated with motivation, desire, intention, and an outgoing spirit. The Fire element is hot, bright, active, dynamic, strengthening, and stimulating.

This element seems to correlate with the forceful and driven energy of the Triangle shape in Psycho-Geometrics ®

3. WATER (Sui), represents the fluid, flowing, formless things in the world. Outside of the obvious example of rivers and the lake, plants are also categorized under sui, as they adapt to their environment, growing and changing according to the direction of the sun and the changing seasons. The water element is soothing and sensual and helps connect us to our feelings and emotions. Blood and other bodily fluids are represented by sui, as are mental or emotional tendencies towards adaptation and change. Sui can be associated with emotion, defensiveness, adaptability, flexibility, suppleness, and magnetism.

The all-encompassing and nurturing energy of this element connects with the traits of the Circle shape in Psycho-Geometrics ®

4. WIND (Fū), represents things that grow, expand, and enjoy freedom of movement. Aside from air, smoke, and the like, Fū represents breathing, and the internal processes associated with respiration. Mentally and emotionally, it represents an "open-minded" attitude and carefree feeling. It can be associated with will, elusiveness, evasiveness, benevolence, and wisdom.

This element correlates with the free-flowing movement of the Squiggle in Psycho-Geometrics ®

5. ETHER/SPACE (Kū) often translated as void, represents those things beyond our everyday experience, particularly those things composed of pure energy. Bodily, kū represents spirit, thought, and creative energy. It represents our ability to bring ourselves in alignment with the larger.

The Ether element is expansive, receptive, intuitive and spiritual. It represents pure consciousness, intuition, imagination, inspiration, faith, compassion, truth, purity, wisdom, and transcendence.

Kū is of particular importance as the highest of the elements. In martial arts, a warrior properly attuned to the Void can sense their surroundings and act without thinking, and without using their physical senses

This energy correlates with the immense power of the Rectangle, to experience the void and become the pathway for the new.

As human beings, we are a micro representation of the macro, and this understanding helps us bring all the shapes with us in balance. Just as in nature, anything in excess is detrimental, and so is the predominance of any shape.

If you'd like to learn more about shape psychology and Psycho-Geometrics® framework, attend our online and LIVE workshops. Click [here](#) to join the waitlist.